

I CAN PLAY 2! Recreation for Everyone

Everyone loves to play, regardless of ability. The following community organizations are committed to removing barriers for people with disabilities so that everyone can access recreational programs. Please contact the individual organization for more specific program information.

Abbotsford Parks, Recreation & Culture Programs

Offer integrated programs. All children with disabilities are welcome. An adapted sledge is available at ARC & MRC. Call 604-859-3134

B.C. Paraplegic Association - Abbotsford

Offer programs for people in a wheelchair. Call 604-859-9512

B.C. Special Olympics

Offer programs for people with cognitive disabilities which include: floor hockey, swimming, track & field, basketball, bowling, rhythmic gymnastics, curling, softball & soccer. Ages 7 years and up. Volunteers welcome! Call Ray at 604-582-8700

Creative Edge School of Art

Offer integrated programs. Children with disabilities are welcome. Call 604-855-3343

Central Valley Academy of Music

Offer integrated programs. Children with disabilities are welcome. Call 604-852-3242

Dance in Motion

Offer integrated programs. Children with disabilities are welcome. Call 604-852-8780

Dynamic Dance

Offer integrated programs. Children with disabilities are welcome. Call 604-859-3312

Dynamos Valley Stars Cheerleading

Offer special needs program for cheer dance and tumbling. Ages 5 years and up.

Call Judy at 604-556-3374



Fraser Valley Brain Injury Association

Offer recreation programs for brain injury survivors to connect to recreational opportunities in the community. One-on-one volunteer support is also available. For more details call 604-557-1913, or toll-free 1-866-557-1913, or visit www.fvbia.org

Galaxy Bowling Club

Offers adapted ramps and the facility is wheelchair accessible. No specific programs offered. Drop in welcome. Ages 3 and up. Call 604-853-1366

Kids In Action

Provide one-on-one volunteers, to give children ages 2-18 with cognitive and physical challenges, the opportunity to participate in organized recreation and leisure activities. Also offer a specialized equipment loans cupboard. Call 604-852-2686

Little Steps School of Dance

Offer a specific class for children with disabilities. Call 604-855-7861

S.T.A.R. Club

Special Training and Recreation Club

Abbotsford Community Services
Junior Club ages 6-12. Teen Club ages 13-19.
Call 604-859-2919

Twisters Gymnastics Club

Children with disabilities are welcome!
Must provide your own aid. Call 604-850-8500

Zajac Ranch for Children

Summer camp programs for children with disabilities of all ages. For more information call 604-462-8305 or visit www.zajacranch.com

If you would like more information about the City of Abbotsford's efforts to address accessibility and inclusion, please contact:
Nicole Misura, Co-chair of the Measuring Up Working Group, at 604-852-2686, ext. 274.